Preventive medications are used for the prevention of conditions such as high blood pressure, high cholesterol, diabetes, asthma, osteoporosis, heart attack, stroke and prenatal nutrient deficiency.

You may not have to pay a copay, a coinsurance (the percentage you pay after you meet your deductible) and/or a deductible (the amount you pay before your plan starts to pay) for preventive generic medications. For some, the cost of generic preventive medications may be covered 100% by your pharmacy benefits plan. Please check your plan materials to understand how preventive medications are covered for you.

Please check your plan’s prescription drug list and your plan documents to understand how your plan covers preventive medications. You can refer to myCigna.com for a complete and up-to-date drug listing for your plan. Preventive medications are indicated on the drug list with a “PM” symbol after the drug name. You can also use the Prescription Drug Price Quote tool on myCigna.com to view and compare drug prices.

If you have questions
Please call the toll-free number on the back of your Cigna ID card. We’re here to help.

Following is a list of generic preventive medications, arranged by type of condition.

Please note: this list is subject to change and may not include all preventive medications that your plan covers. Please refer to your plan’s prescription drug list for a complete and up-to-date drug listing.
### Preventive Generics Drug List

#### Asthma related
- albuterol sulfate
- albuterol sulfate (nebulizer solution)
- albuterol sulfate/ipratropium nebulizer solution
- budesonide
- caffeine citrate
- cromolyn sodium inhalation solution
- ipratropium bromide
- levalbuterol
- levalbuterol HCl
- metaproterenol sulfate
- montelukast
- racepinephrine HCl
- terbutaline sulfate
- theophylline anhydrous
- zarfirlukast

#### Blood Pressure related
- acebutolol HCl
- acetazolamide
- amiloride HCl
- amiloride/hydrochlorothiazide
- amlodipine besylate
- amlodipine besylate/benazepril
- amlodipine/atorvastatin calcium
- amlodipine/valsartan
- amlodipine/valsartan/hydrochlorothiazide
- atenolol
- benazepril HCl
- benazepril HCl/hctz
- betaxolol
- bisoprolol fumarate
- bisoprolol/hctz
- bumetanide
- candesartan
- candesartan/hctz
- captopril
- captopril/hctz
- carvedilol
- chlorothiazide
- clonidine HCl/chlorthalidone
- clonidine HCl/chlorthalidone/diltiazem
- clonidine HCl/diltiazem
- clonidine HCl/diltiazem HCl
- clonidine HCl/diltiazem HCl/doxazosin mesylate
- enalapril maleate
- enalapril maleate/hctz
- eplerenone
- eprosartan mesylate 600 mg only
- eprosartan mesylate 600 mg only/felodipine
- eprosartan mesylate 600 mg only/fosinopril sodium
- eprosartan mesylate 600 mg only/fosinopril sodium/hctz
- furosemide
- guanfacine HCl
- hydralazine HCl
- hydrochlorothiazide
- indapamide
- irbesartan
- irbesartan/hctz
- isradipine
- labetalol HCl
- lisinopril
- lisinopril/hctz
- losartan potassium
- losartan/hctz
- methazolamide
- methyclothiazide
- methyldopa
- methyldopa/hctz
- metolazone
- metoprolol succinate
- metoprolol tartrate
- metoprolol/hctz
- minoxidil
- moexipril HCl/hctz
- moexipril HCl
- nadolol
- nadolol/bendroflumethiazide
- nebivolol HCl
- nicardipine HCl
- nifedipine
- nimodipine
- nisoldipine
- perindopril erbumine
- pindolol
- prazosin HCl
- propranolol/hctz
- propranolol/HCl/hctz
- quinapril
- quinapril HCl/hctz
- ramipril
- reserpine
- sotalol HCl
- spironolactone
- spironolactone/hctz
- telmisartan
- telmisartan/amlodipine
- telmisartan/hctz
- terazosin HCl
- timolol maleate
- torsemide
- trandolapril
- trandolapril/verapamil
- triamterene/hctz
- valsartan
- valsartan/hctz
- Vecamyl - mecamylamine HCl
- verapamil

#### Blood Thinner related
- aspirin/dipyridamole ER
- cilostazol
- clopidogrel bisulfate
- dipyridamole
- ticlopidine HCl
- warfarin

#### Cholesterol related
- amlodipine/atorvastatin calcium
- cholestyramine/aspartame
- cholestyramine/sucrose
- colestipol HCl
- fenofibrate
- fenofibrate, micronized
- fenofibric acid
- fluvastatin HCl
- gemfibrozil
- lovastatin
- niacin
- omega-3 acid ethyl esters
- pravastatin HCl
- simvastatin
**Diabetes related**

- acarbose
- Diagnostic Agents and Supplies (i.e., test strips, lancets, syringes, urine tests, alcohol pads)
- chlorpropamide
- glimepiride
- glipizide
- glipizide er
- glipizide/metformin HCl
- glyburide
- glyburide micronized
- glyburide/metformin
- metformin HCl
- nateglinide
- pioglitazone HCl
- pioglitazone HCl/metformin HCl
- pioglitazone/glimiperide
- repaglinide
- tolvazamide
- tolbutamide

**Osteoporosis related**

- alendronate sodium
- alendronate sodium/vitamin D3
- etidronate disodium (Fortical) calcitonin-salmon
- ibandronate sodium
- raloxifene
- risedronate sodium 150 mg only

**Prenatal Vitamins**

*All prescription strength prenatal vitamins are considered preventative*

*Check your plan materials for formulary placement of branded prenatal vitamins*
Cigna reserves the right to make changes to this drug list without notice. Your plan may cover additional medications; please refer to your enrollment materials for details. Cigna does not take responsibility for any medication decisions made by the doctor or pharmacist.

Health benefit plans vary, but in general to be eligible for coverage a drug must be approved by the Food and Drug Administration (FDA), prescribed by a health care professional, purchased from a licensed pharmacy and medically necessary. If your plan provides coverage for certain prescription drugs with no cost-share, you may be required to use an in-network pharmacy to fill the prescription. If you use a pharmacy that does not participate in your plan’s network, your prescription may not be covered, or reimbursement may be limited by your plan’s copayment, coinsurance or deductible requirements. Refer to your plan documents for costs and complete details of your plan’s prescription drug coverage.