Preventive medications are used for the prevention of conditions such as high blood pressure, high cholesterol, diabetes, asthma, osteoporosis, heart attack, stroke and prenatal nutrient deficiency.

You may not have to pay a copay, a coinsurance (the percentage you pay after you meet your deductible) and/or a deductible (the amount you pay before your plan starts to pay) for preventive generic medications. For some, the cost of generic preventive medications may be covered 100% by your pharmacy benefits plan. Please check your plan materials to understand how preventive medications are covered for you.

Please check your plan’s prescription drug list and your plan documents to understand how your plan covers preventive medications. You can refer to myCigna.com for a complete and up-to-date drug listing for your plan. You can also use the Prescription Drug Price Quote tool on myCigna.com to view and compare drug prices.

Following is a list of generic preventive medications, arranged by type of condition.

Please note: this list is subject to change and may not include all preventive medications that your plan covers. Please refer to your plan’s prescription drug list for a complete and up-to-date drug listing.

If you have questions
Please call the toll-free number on the back of your Cigna ID card. We’re here to help.
Preventive Generics Drug List

**Asthma related**
albuterol sulfate
albuterol sulfate (nebulizer solution)
albuterol sulfate/ipratropium nebulizer solution
budesonide
caffeine citrate
cromolyn sodium inhalation solution
ipratropium bromide
levalbuterol HCl
metaproterenol sulfate
montelukast
racepinephrine HCl
terbutaline sulfate
theophylline anhydrous
zafirlukast

**Blood Pressure related**
acebutolol HCl
acetazolamide
amiloride HCl
amiloride/hctz
amlodipine besylate
amlodipine besylate/benazepril
amiodipine/atorvastatin calcium
amlodipine/valsartan
amlodipine/valsartan/hctz
atenolol
benazepril HCl
benazepril HCl/hctz
taetaxolol
bisoprolol fumarate
bisoprolol/hctz
bumetanide
candesartan
candesartan/hctz
captopril
captopril/hctz
carvedilol
chlorothiazide
chlorthalidone
chlorthalidone/atenolol
clonidine
clonidine HCl
clorpres
diltiazem
doxazosin mesylate
enalapril maleate
enalapril maleate/hctz
eplerenone
eprosartan mesylate
felodipine
fosinopril sodium
fosinopril sodium/hctz
furosemide
guanfacine HCl
hydralazine HCl
hydrochlorothiazide
indapamide
irbesartan
irbesartan/hctz
irbesartan/valsartan
isradipine
labetalol HCl
lisinopril
lisinopril/hctz
losartan potassium
losartan/hctz
methazolamide
methylcloethiazide
methyldopa
methyldopa/hctz
metolazone
metoprolol succinate
metoprolol tartrate
metoprolol/hctz
minoxidil
moexipril HCl
moexipril HCl/hctz
nadolol
nadolol/benfluridumethiazide
nicardipine HCl
nifedipine
nimodipine
nifolindipine
perindopril erubuine
phenoxybenzamine
pindolol
prazosin HCl
propranolol HCl
propranolol/hctz
quinapril
quinapril HCl/hctz
ramipril
reserpine
sotalol HCl
spironolactone
spironolactone/hctz
telmisartan
telmisartan/amlodipine
telmisartan/hctz
terazosin HCl
timolol maleate
torsemide
trandolapril
trandolapril/verapamil
triaterine/hctz
valsartan
valsartan/hctz
Vecamyl - mecymalamine HCl
verapamil

**Blood Thinner related**
aspirin/dipyridamole ER
cilostazol
clopidogrel bisulfate
dipyridamole
ticlopidine HCl
warfarin

**Cholesterol related**
amiodipine/atorvastatin
atorvastatin calcium
cholestyramine/aspartame
cholestyramine/sucrose
colestipol HCl
fenofibrate
fenofibric acid
fluvastatin HCl
gemfibrozil
lovastatin
niacin
omega-3 acid ethyl esters
pravastatin
rosuvastatin calcium
simvastatin

**Diabetes related**
acarbose
chlorpropamide
Diabetic Supplies (i.e. lancets, syringes, urine tests, alcohol pads)
glimepiride
glipizide
glipizide ER
glipizide/metformin HCl
glyburide
glyburide micronized
glyburide/metformin
metformin HCl
miglitol
nateglinide
pioglitazone HCl
pioglitazone HCl/metformin HCl
pioglitazone/glimepiride
repaglinide
repaglinide/metformin
tolazamide
tolbutamide

**Osteoporosis related**
alendronate sodium
etidronate disodium
Fortical (calcitonin-salmon)
ibandronate sodium
ralkoxifene
risedronate sodium

**Prenatal Vitamins**
All prescription strength prenatal vitamins are considered preventive
Cigna reserves the right to make changes to this drug list without notice. Your plan may cover additional medications; please refer to your enrollment materials for details. Cigna does not take responsibility for any medication decisions made by the doctor or pharmacist. Cigna may receive payments from manufacturers of certain preferred brand medications, and in limited instances, certain non-preferred brand medications, that may or may not be shared with your plan depending on its arrangement with Cigna. Depending upon plan design, market conditions, the extent to which manufacturer payments are shared with your plan and other factors as of the date of service, the preferred brand medication may or may not represent the lowest-cost brand medication within its class for you and/or your plan.

Health benefit plans vary, but in general to be eligible for coverage a drug must be approved by the Food and Drug Administration (FDA), prescribed by a health care professional, purchased from a licensed pharmacy and medically necessary. If your plan provides coverage for certain prescription drugs with no cost-share, you may be required to use an in-network pharmacy to fill the prescription. If you use a pharmacy that does not participate in your plan’s network, your prescription may not be covered, or reimbursement may be limited by your plan’s copayment, coinsurance or deductible requirements. Refer to your plan documents for costs and complete details of your plan’s prescription drug coverage.