Preventive medications are used to prevent conditions like high blood pressure, high cholesterol, diabetes, asthma, osteoporosis, heart attack, stroke and prenatal nutrient deficiency.

Depending on your plan, you may not have to pay a copay, coinsurance (the percentage you pay after you meet your deductible) and/or deductible (the amount you pay before your plan starts to pay) for preventive generic medications. And some plans cover generic preventive medications at 100%, or no cost ($0) to you. This list is regularly updated and not all of the medications listed here may be covered by your specific plan. You should log into myCigna.com or check your plan materials to learn more about how your plan covers preventive medications. You can also use the Drug Cost tool to estimate how much your medications may cost.

This drug list includes the most commonly prescribed generic preventive medications covered by your plan as of January 1, 2018.* Medications are listed alphabetically by the condition they treat.

* State laws in Texas and Louisiana require your plan to cover your medications at your current benefit level until your plan renews. This means that if your medication is taken off the drug list, is moved to a higher cost-share tier or needs approval, your plan can’t make these changes until your renewal date. To find out if these state laws apply to your plan, please call Customer Service using the number on the back of your ID card.
## Preventive Generics Drug List

### Asthma related
- albuterol
- aminophylline
- budesonide
- caffeine and sodium benzoate
- caffeine citrate
- cromolyn inhalation solution
- fluticasone-salmeterol
- ipratropium
- ipratropium-albuterol
- levalbuterol
- levalbuterol HFA
- metaproterenol
- montelukast
- terbutaline
- Theochron
- theophylline
- zafirlukast
- zileuton ER

### Blood pressure related
- acebutolol
- acetazolamide
- Afeditab CR
- amiloride
- amiloride-HCTZ
- amlodipine
- amlodipine-atorvastatin
- amlodipine-benazepril
- amlodipine-olmesartan
- amlodipine-valsalatan
- amlodipine-valsalatan-HCTZ
- atenolol
- atenolol-chlorthalidone
- atorvastatin
- benazepril
- benazepril-HCTZ
- betaxolol
- bisoprolol
- bisoprolol-HCTZ
- bumetanide
- candesartan
- candesartan-HCTZ
- captopril
- captopril-HCTZ
- Cartia XT
- carvedilol
- chlorothiazide
- chlorthalidone
- clonidine
- Clopres
- diltiazem
- diltiazem CD
- diltiazem ER
- Dilt-XR
- dopamine
- doxazosin
- enalapril
- enalaprilat
- enalapril-HCTZ
- epinephrine auto-injector
- eplerenone
- eprosartan
- esmolol
- ethacrynate
- ethacrylic acid
- felodipine ER
- fosinopril
- fosinopril-HCTZ
- furosemide
- guanfacine
- hydralazine
- hydrochlorothiazide
- indapamide
- irbesartan
- irbesartan-HCTZ
- irbesartan-HCTZ
- labetalol
- lisinopril
- lisinopril-HCTZ
- losartan
- losartan-HCTZ
- lovastatin
- Matzim LA
- methazolamide
- methylothiazone
- methyldopa
- methyldopa-HCTZ
- methyldopate
- metolazone
- metoprolol
- metoprolol ER-HCTZ
- metoprolol-HCTZ
- minoxidil
- moexipril
- moexipril-HCTZ
- nadolol
- nadolol-bendroflumethiazide
- nicardipine
- nifedipine
- nifedipine ER
- nimodipine
- Nisoldipine
- norprenaline
- olmesartan
- olmesartan-amlodipine-HCTZ
- olmesartan-HCTZ
- perindopril erbumine
- phenoxbenzamine
- phenolamine
- pindolol
- prazosin
- propranolol
- propranolol ER
- propranolol-HCTZ
- quinapril
- quinapril-HCTZ
- ramipril
- sodium nitroprusside
- Sorine
- sotalol
- sotalol AF
- spironolactone
- spironolactone-HCTZ
- Taztia XT
- telmisartan
- telmisartan-amlodipine
- telmisartan-HCTZ
- terazosin
- timolol
- torsemide
- trandolapril
- trandolapril-verapamil ER
- triamterene-HCTZ
- valsartan
- valsartan-HCTZ
- Vecamyl
- verapamil
- verapamil ER
- verapamil ER PM
- verapamil SR
### Blood thinner related
- argatroban
- aspirin-dipyridamole ER
- cilostazol
- clopidogrel
- dipyridamole
- eptifibatide
- Jantoven
- warfarin

### Cholesterol related
- algal omega-3 DHA
- algal-900 DHA
- atorvastatin
- cholestyramine
- cholestyramine light
- colestipol
- ezetimibe
- ezetimibe-simvastatin
- fenofibrate
- fenofibric acid
- fluvastatin ER
- fluvastatin
- gemfibrozil
- lovastatin
- niacin ER
- omega-3 acid ethyl esters
- pravastatin
- Prevalite
- ramipril
- rosuvastatin
- simvastatin
- valsartan
- valsartan-HCTZ
- vecamyl

### Diabetes related
- acarbose
- chlorpropamide
- Diabetic Supplies (i.e. lancets, syringes, urine test, alcohol pads)
- glimepiride
- glipizide
- glipizide ER
- glipizide XL
- glipizide-metformin
- glyburide
- glyburide micronized
- glyburide-metformin
- metformin
- metformin ER
- miglitol
- nateglinide
- pioglitazone
- pioglitazone-glimepiride
- pioglitazone-metformin
- repaglinide
- repaglinide-metformin
- tolazamide
- tolbutamide

### Osteoporosis related
- alendronate
- calcitonin-salmon
- etidronate
- ibandronate
- pamidronate
- raloxifene
- risedronate
- risedronate DR
- zoledronic acid

### Prenatal Vitamins
*All prescription strength prenatal vitamins are considered preventive*

Log into myCigna.com or check your plan materials to learn more about how your plan covers diabetes-related preventive medications.
Cigna reserves the right to make changes to this drug list without notice. Your plan may cover additional medications; please refer to your enrollment materials for details. Cigna does not take responsibility for any medication decisions made by the doctor or pharmacist. Cigna may receive payments from manufacturers of certain preferred brand medications, and in limited instances, certain non-preferred brand medications, that may or may not be shared with your plan depending on its arrangement with Cigna. Depending upon plan design, market conditions, the extent to which manufacturer payments are shared with your plan and other factors as of the date of service, the preferred brand medication may or may not represent the lowest-cost brand medication within its class for you and/or your plan.

Health benefit plans vary, but in general to be eligible for coverage a drug must be approved by the Food and Drug Administration (FDA), prescribed by a health care professional, purchased from a licensed pharmacy and medically necessary. If your plan provides coverage for certain prescription drugs with no cost-share, you may be required to use an in-network pharmacy to fill the prescription. If you use a pharmacy that does not participate in your plan’s network, your prescription may not be covered, or reimbursement may be limited by your plan’s copayment, coinsurance or deductible requirements. Certain features described in this document may not be applicable to your specific health plan, and plan features may vary by location and plan type. Refer to your plan documents for costs and complete details of your plan’s prescription drug coverage.